



Swim for Life (Ages 5-9)

Aquatic Daycamp Itinerary

March 17-21, 2025 | 10:00 - 3:00 pm
CVRD's Aquatic Centre, 377 Lerwick Road

The CVRD respectfully acknowledges the land on which it operates is on the unceded traditional territory of the K'ómoks First Nation, the traditional keepers of this land.

10:00 am	Drop off at the Aquatic Centre—Lobby Classroom
10:30 am	Swim Lesson #1 & Water Activities
12:00 pm	Lunch
12:30 pm	Classroom Activities & Games
1:00 pm	Swim Lesson #2 & Free Pool Time
2:45 pm	Shower & Change Time for Pickup
3:00 pm	Pick up at the Aquatic Centre—Lobby Classroom

Upcoming Programs & Events

April 11	Beach Splash Bash
April 11	Galactic Glow Ice Event
April 19	Egg-Cited Goo Zone

What to Bring

- Your bathing suit & 2 towels
- Healthy lunch, snack & water
- Active wear & running shoes
- Weather appropriate clothing
- Sunscreen

Reminders

- Do not send your child with money or other valuables.
- You will receive a welcome letter a few days before the start of camp.
- If you have any questions please contact the Aquatic Program Coordinator, Tammy Matfin at: 250-898-3712.

For more information,
call: 250-334-9622 ext. 2 or
visit: www.comoxvalleyrd.ca/rec