

PRO-D DAYS & SPRING BREAK PROGRAMS

Please see daycamp schedule on our website at www.comoxvalleyrd.ca/rec for more information.

NEW!



Spring Break Skills Camp (6-13)
The season may be over, but we still have ice! Join us for an action packed week long camp, where we will challenge you and practice the many hockey skills you have learned over the past season. There are two ice times every day mingled with outdoor activities and fun in the pool. This camp will be sure to tire you out, so bring extra gear, lots of and clothing for outdoor activities. This camp is designed for children with at least one year experience playing hockey.
Sports Centre Arena #2
Monday to Friday
March 20-24, 9:00am-4:30pm (5)
\$165.00

Junior Lifeguard Day Camp (6-13)
Calling all future lifeguards! Join us for an action packed week long camp where we will introduce you to the exciting world of lifeguarding. This camp will be sure to tire you out so bring extra bathing suits, lots of food and clothing for outdoor activities too. Children must be able to swim a width of the pool comfortably.
Sports Centre
Monday to Friday
March 20-24, 10:00am-4:30pm (5)
\$154.00

Spring Break Sports Camp (5-13)
This camp is designed for fun, fun and fun! Every day will incorporate new sporting events on the track, ice and in the pool. Come prepared for an exciting introduction to many sports. This camp will be sure to tire you out, so bring extra gear, lots of food and clothing for outdoor activities too. Children must be able to skate on their own and swim a width of the pool comfortably.
Sports Centre
Monday to Friday
March 20-24, 10:00am-4:30pm (5)
\$154.00

Surfs up! Pro-D Daycamp for Kids (6-12) Ride the waves and slides at our water park all day! Our aquatics staff will play games and lead activities that will further develop your swimming skills while having a blast. Try a number of aquatic sports like water polo, underwater hockey and synchronized swimming. Plan on having a bunch of wet, organized fun. Please bring a lunch, swim suit, several towels and active wear - we will be going outside if the weather is nice. Fee includes a snack & drink. Participants must feel comfortable in deep water.
Aquatic Centre
Fridays, Apr 28, May 19, June 30
10:00am-3:00pm
\$25.00 per day

Red Cross Babysitting Course PLUS Level 1 & 2 - Crash Course (11+)
Students that complete level 1 & 2 will receive their Red Cross Babysitters' Certificate. Includes swimming, mini first aid kit, manual and 2 kid approved snacks each day. Please bring a healthy lunch and swim gear
Aquatic Centre Wave Room
Pro-D Days - Apr 28 & May 19 (2)
9:00-5:00 PM
\$55.00

